

# **79<sup>th</sup> Street Elementary School Counseling Plan**

## **PreK-6**

### **Direct Student Services**

#### School Counselor Core Curriculum

- The School Counselor meets monthly with each classroom to teach lessons that will help students be successful in and out of the school environment and provide all students with the knowledge and skills appropriate for their developmental level.

#### Individual Counseling

- School Counselors meet one on one with students to develop goals and deal with issues that he/she may have so that they can be successful in the classroom.

#### Group Counseling

- School Counselors work with small groups to address and work on shared or similar needs. This will occur as possible for the 2020-2021 school year, depending on Covid-19 safety requirements.

#### Character Education

- School Counselors will address/teach character education to enhance students' ability to be well-rounded students.

#### Topics may include but are not limited to:

- Anger management
- Coping skills
- Friendship skills
- Hygiene
- Grief/loss
- Good touch/bad touch
- Internet safety
- Mindfulness
- Social Skills
- Character education
- Career awareness
- Feelings
- Decision making

- Positive choices
- Study/organizational skills
- Bullying
- Dignity Act
- Digital Citizenship
- Self-awareness
- Acceptance of self and others
- Safety

## **Responsive Services**

### Individual Counseling

- School Counselors work directly with students, families and support staff on deescalating or dealing with personal issues that arise both in school and in their personal lives that prevent them from being academically and/or socially/emotionally successful.

### Small Groups

- School Counselors include all parties that are involved in a crisis to deescalate, foster sharing, differentiate between each other's perceptions, and provide support.

### Crisis Response

- School Counselors provide prevention and interventions. This counseling is short term in nature addressing a particular student issue.
- School Counselors, as mandated reporters, will hotline any suspected risk or concern.
- School Counselors will assist with CPS, Law Guardians, Truancy Officers, and other community outside agencies on an as needed basis.
- School Counselors call and work with Crisis Services for students and families that are in crisis.

### Home visits

- School counselors, with the assistance of another staff member, will conduct home visits on an as needed basis.

## **System Support Services**

### Referrals to and liaisons for Community Agencies

- Refer out for mental health counseling

- Meet with CPS
- Meet with law guardians
- Refer families to agencies for domestic violence, food, clothing, shelter and help
- Work with community agencies in the building ie. Gateway Longview.
- Work with community agencies outside the building ie. Food Bank, holiday help, and other donations.

#### Student Support Team Member

- Attend meetings ie. START, support team meetings
- Offer information for referred students as needed

#### CSE/504 Team Member

- Attend meetings as needed
- Contribute and assist in plan when needed

#### Attendance Team Member

- Attend meetings
- Share information and data
- Fulfill team duty which could include making phone calls, monitor attendance, send letters, conduct home visits, set up parent meetings, refer to truant officer and facilitate CPS call if necessary

#### Assist with or create behavior plans

- Assist with creating Tier 2 plan for behavior issues, as needed, using two behaviors and what the desired outcomes would be

**Goal 1:** Provide students with access to supports that promote positive social-emotional learning and strategies for good mental health.

**Target Population:** All students Grades Pre-K to 6.

#### **Expected Outcomes:**

- Students will understand available resources and how to utilize them.
- Students will learn how to self-monitor, know when to ask for help and work toward solving his/her own problems.
- Students will accept and respect their own uniqueness and others as a result of learning, growth, and individual, group and classroom lessons and meetings.

#### **Evaluation:**

- Completion of individual goals.
- Counseling log

- If applicable: increased compliance with Tier 2 behavior plans.
- End of the year district survey.
- Counseling core curriculum lesson calendar with a variety of topics.

#### **PK-6 Completed at all District Elementary Schools**

<b>ACTIVITIES</b>	<b>TARGET GROUP/ SUBGROUP</b>	<b>STAFF ASSIGNED</b>	<b>OTHER RESOURCES ASSIGNED</b>	<b>DATES OF ACTIVITY</b>
Meet the counselor ~ Introductory lesson	All students	School Counselors		September
Core Curriculum Classroom lessons	All students	School Counselors, Classroom Teachers, Champion Team	Variety of lessons/ literature, Words of Wisdom on morning announcements, character education (character counts), book of the month, Second Step	September-June
Individual counseling	IEP students, Students referred (Administration, teacher, parent/guardian, student)	School Counselors	Gateway Longview	September-June
Small group counseling	IEP students, Students referred (Administration, teacher, parent/guardian, student)	School Counselors		September –June (when possible for 2020-2021, with Covid-19 safety protocol)
Student Support Team Meeting (START)	Referred students	Anyone from the Student Support team (PSA, Psychologist, School Counselor, Principal, Nurse, ENL staff)	PEP Coach	September-June
Liaison with outside	Students and families in need	School Counselor	B.E.S.T., Northpointe	September-June (when possible for

community and agencies			council, Social Perspectives, Gateway Longview, UB Trauma Informed Care	2020-2021 year with Covid-19 safety protocol)
Home Visits	Students in need	School Counselor, other support staff	Truancy Officer	*As Needed
Celebrations	All Students	School Wide Staff	Parents Character Counts, Star Idol, Family Movie Night, Wall of Fame, Announcements, Newsletter, Fun Day	September – June (when possible for 2020-2021 year with Covid-19 safety protocol)
Conferences	Students in need	Classroom Teacher, Psychologist, School Counselor, Administration	Various staff involved	September-June
Tier 2 Intervention Plans	Students in Need	School Counselor Student Support Team	Teacher, School Psychologist and staff, assessment data	September-June
Promotion of Services Offered & Parental/Guardian best practices	All Students & School Community	School Counselor, START team, Champion Team	School Counselor Community based organizations, Open House, Parent/Teacher Conferences, UB Trauma Informed Care	September-June
Character Counts	All Students	All Staff	Teaching monthly traits and recognizing students who display the trait, name on wall of fame, announcements and newsletter, certificates	September-June

**Goal 2:** Provide the necessary resources and supports for all students to attend school regularly and to ensure that all students have equitable access to all school programs.

**Target Population:** All students Grades Pre-K to 6.

**Expected Outcomes**

- Students and parents/guardians will acknowledge that educational success depends on regular attendance.
- Student attendance rates will improve.
- Success in the classroom and school environment.

**Evaluation:**

- Student attendance records.
- Increased student participation in school activities both during and after school.
- Counseling core curriculum lesson calendar with a variety of topics.

**PK-6 Completed at all district elementary schools**

ACTIVITIES	TARGET GROUP/ SUBGROUP	STAFF ASSIGNED	OTHER RESOURCES ASSIGNED	DATES OF ACTIVITY
Core Curriculum Classroom lessons	All students	School Counselor, Classroom Teacher	Various	September-June
Family Engagement: Guardian Contacts	Students who miss more than 10% of school	Classroom Teacher School Counselor PSA Administrator Champion Team	Phone calls Letters CPS Home visits Truancy Officer Log	September-June
Attendance Team Meetings	All students	Administration, School Counselors PSA	Various	September-June
Attendance Celebrations	Students who meet criteria	School Counselor, START team	All other Student Support Team Members, 5 week and 10 week rewards, certificates, names on announcements and in newsletter, name on attendance wall, perfect	September-June

			attendance rewards	
Home Visits	Students in need	School Counselor, other support staff	Truancy Officer	*As Needed

**Goal 3:** To create a positive learning environment that promotes long-term academic and career success.

**Target Population:** All students Grades Pre-K to 6.

**Expected Outcomes:**

- Students in Pre-K to 6 will have the ability to set short and long-term goals.
- Students in grade 6 will have an idea of future career goals.
- Students in grade 6 will be orientated into what they can expect for Prep school.

**Evaluation:**

- Completion of individual goals for 6<sup>th</sup> graders.
- Counseling core curriculum lesson calendar with a variety of topics.

**PK-6 completed at all elementary schools**

ACTIVITIES	TARGET GROUP/ SUBGROUP	STAFF ASSIGNED	OTHER RESOURCES ASSIGNED	DATES OF ACTIVITY
Individual meeting with all 6 <sup>th</sup> grade students	6 <sup>th</sup> Graders	School Counselors	Interest inventory, career zone, social/emotional, academic goals and workshop	September-October or as students enter school
Individual, Group or Core Curriculum Classroom Lessons	All students	School Counselors	Variety of lessons and literature around goals, Interests, career development, mindfulness, coping strategies, organizational skills, and social skills.	September-June
Transitional workshop for 6 <sup>th</sup> graders	6 <sup>th</sup> grade students	School Counselors	Prep School Counselors and Teachers	May-June



